

*What is it that keeps most people from building wealth? What is the greatest obstacle to retirement? If you could eliminate one thing to position your family for financial security, what would be? You got it...the answer to each of these questions is debt! "Money is something for which you exchange your life energy...how well do you spend it?"*

## MASTERING YOUR PERSONAL FINANCES

Imagine the freedom and peace of mind you would feel if you had no debt. Personal finance is a topic many people avoid. Thus, fear and anxiety are common responses when attempting to effectively manage their money, or the lack thereof. As a result, many people avoid dealing with their personal finance issues until they are in, or nearly at a point of crisis.

This workshop is designed to demonstrate how easy managing your personal cash flow can be. Participants will learn to free those old beliefs and patterns that are no longer useful, and gain financial skills and strategies to significantly improve their bottom line.

### WHAT WILL I GAIN FROM THIS WORKSHOP & HOW WILL IT HELP ME?

**Benefits:** Upon completion of this workshop, participants will be able to:

- § Identify and inventory inherited beliefs about money
- § Apply powerful techniques to shift self-defeating money beliefs and behaviors
- § Develop a personal finance plan to pay of debt and build wealth
- § Invest in a proven mutual fund for only \$1.00
- § Plan their personal cash flow to achieve their desired future goals
- § Understand how activities do or do not create wealth and can be done easily and differently today



*"Money is something for which you exchange your life energy...how well do you spend it?"*

Marilyn Laverty



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## Mastering Your Personal Finances

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### Agenda:

- Money: identify and change those limiting, outdated beliefs about money—and then eliminate them!
- The Rule of 72: creating wealth while you eat, sleep and play
- Credit and consumer debt: how it sneaks up and why it's so hard to get out of the trap
- How to improve your bottom line immediately—a case study demonstrating negative and positive cash flow
- Paying off your mortgage early: how and why
- How to implement preventative money saving techniques immediately and how to track your money trail



### Methodology:

This workshop is very Interactive and is based on accelerated learning, minimal lectures, group activities, experiential learning, group discussion, case studies, and proven money management techniques.

### Audience:

Employees and staff who want to be in charge of their financial future and experience less stress regarding the topic of money.

### Time Frame:

One day or two 1/2 day sessions. Corporations have provided this course to employees and their spouses scheduling the course from 3:30 to 6:30 P.M. requesting that employees also invest their own time in this valuable program.

Individual coaching is available for customized cash flow planning. No products or financial planning services are offered or sold. This is a skill based educational program that demonstrates the value of being “in charge” of one’s own financial destiny.